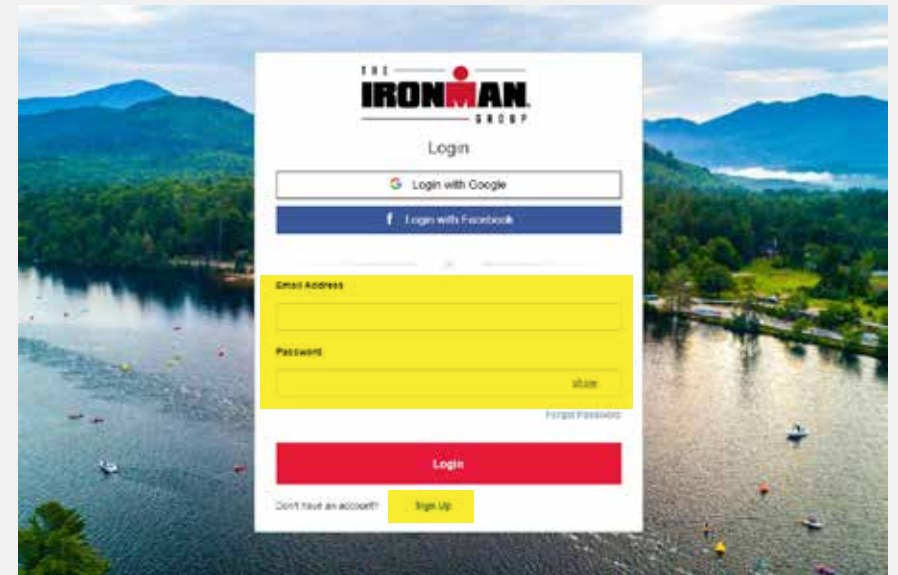
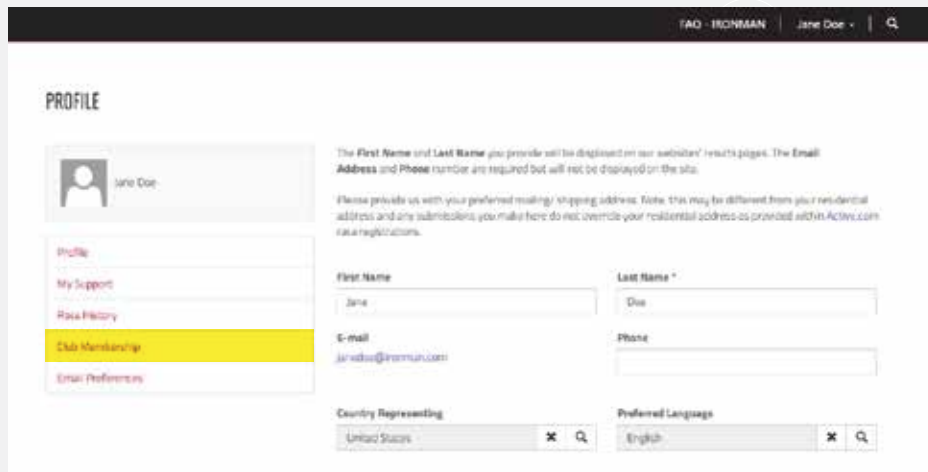


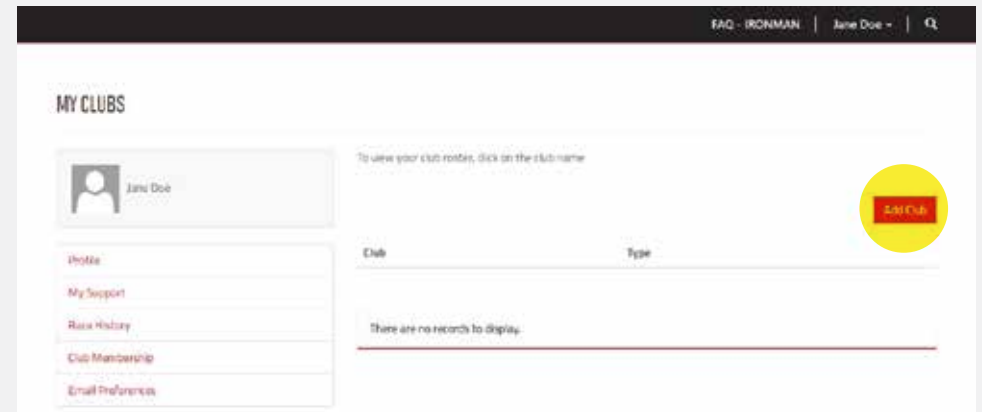
1: GO TO IRONMAN.COM AND CLICK **LOGIN** IN THE UPPER RIGHT HAND CORNER



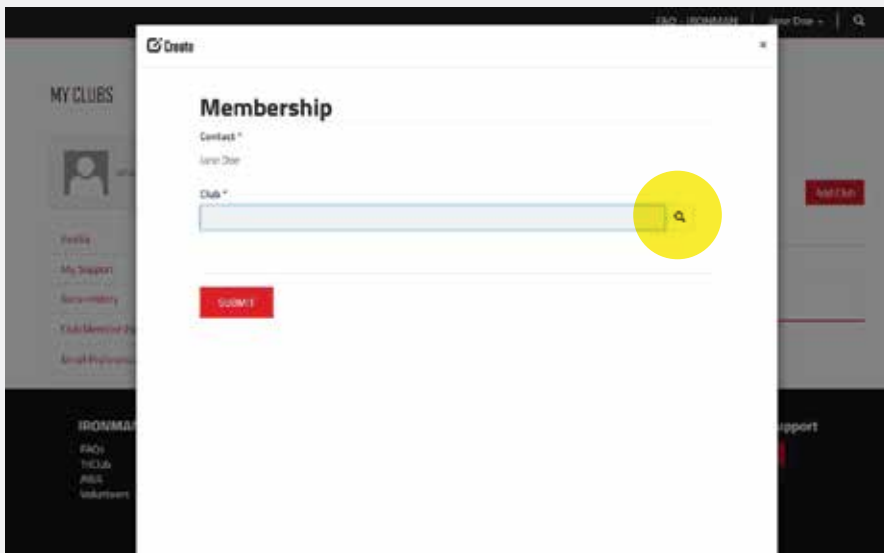
2: INPUT YOUR INFORMATION TO SIGN INTO YOUR **IRONMAN PROFILE** OR CLICK **SIGN UP** TO CREATE A NEW ACCOUNT



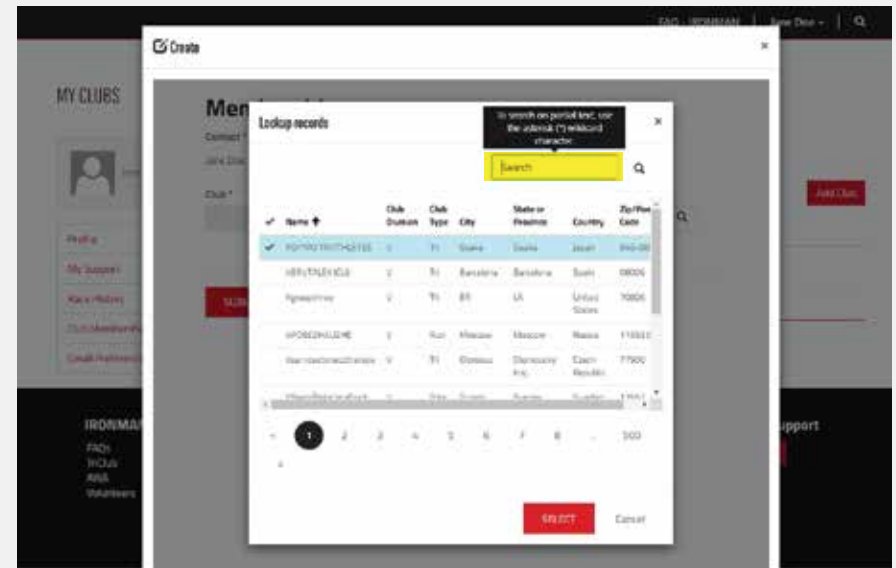
3: ONCE LOGGED IN, CLICK CLUB MEMBERSHIP



4: CLICK ADD CLUB

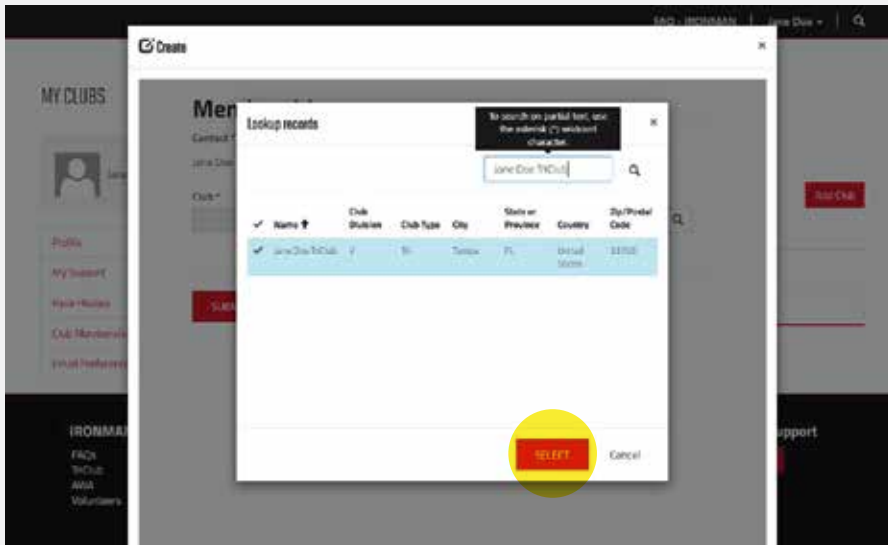


5: CLICK THE SEARCH FIELD BUTTON

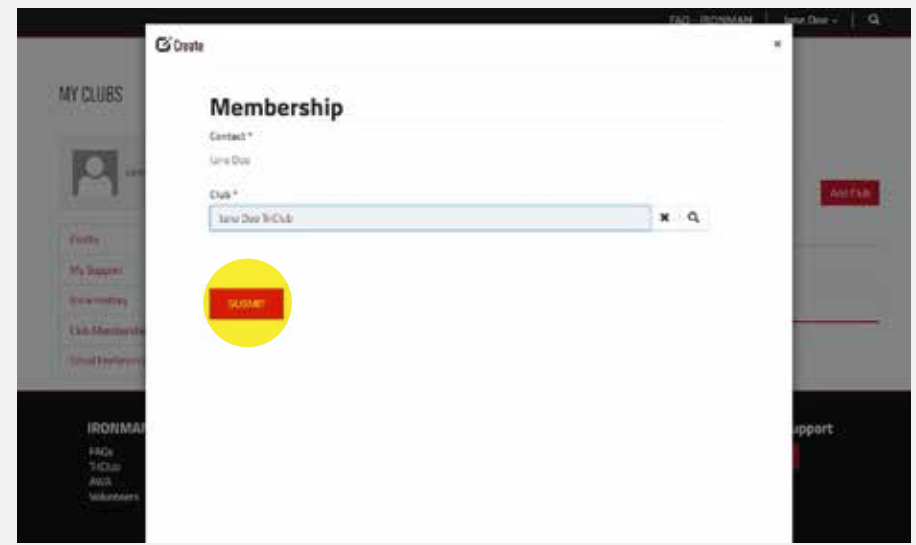


6: TYPE YOUR CLUB NAME IN THE SEARCH BAR THEN PRESS ENTER

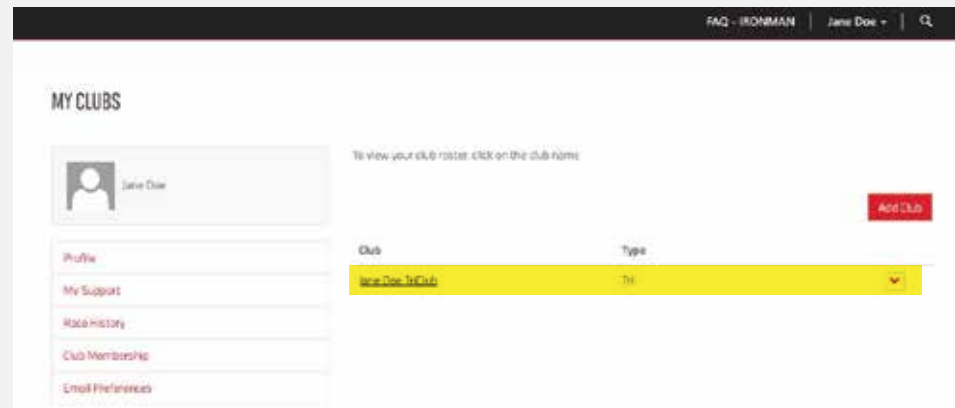
*TEXT IS CASE SENSITIVE



7: CLICK SELECT



8: CLICK SUBMIT



9: YOU ARE NOW AFFILIATED WITH YOUR TRICLUB